Department for Work & Pensions

State Pension forecast

Other ways to communicate with us

If you need braille, British Sign Language, a hearing loop, translations, large print, Easy Read, audio or something else, please contact us on:

- UK: 0800 731 0175
- outside the UK: +44 (0)191 218 3600

If you use Relay UK dial 18001 followed by our telephone number.

If you live in Wales and want this form in Welsh call 0800 731 0175.

About this forecast

What is a State Pension forecast?

A State Pension forecast will show you how much State Pension you could get and the date you can get it.

You cannot get a forecast if you are already getting your State Pension or if you have delayed ('deferred') claiming it.

Your forecast is not a guarantee and is based on the current law. It does not include any increase due to inflation.

Other ways to get a State Pension forecast

Online:

- visit **www.gov.uk/check-state-pension**

Telephone:

- UK: 0800 731 0175
- outside the UK: +44 (0)191 218 3600

What you need to do:

- please fill in this form and send it back to the return address at the end of this form
- make sure you answer all the questions in full
- please complete this form carefully. If you fill in this form using a pen, please use black ink and CAPITAL LETTERS
- you can download a copy of the form to your computer and fill it in. Go to **www.gov.uk** and search for 'BR19'.

Forecast details

01 **National Insurance number**

02 **Title**

For example, Mr, Mrs, Miss, Ms, or other.

03 **Surname or family name**

04 **All other names in full**

05 **Previous names**

06 **Address**

Postcode

07 **A phone number we can contact you on**

For international numbers include country code.

08 **Date of birth**

DD/MM/YYYY

If you were born in 1962 or after, **go to question 12**

09 **Marital status**

- ☐ Never been married or in a civil partnership **Go to question 12**
- ☐ Married
- ☐ Civil partnership
- ☐ Divorced or dissolved civil partnership **Go to question 12**
- ☐ Widowed **Go to question 12**

10 **If married or in a civil partnership, what is your partner's date of birth**

DD/MM/YYYY

11 **Your partner's sex**

- ☐ Male
- ☐ Female

Acting for someone else

You can only request a forecast on someone else's behalf if you have registered your legal right for that individual with the Department for Work and Pensions (DWP).

12 **Are you requesting your own forecast?**

Remember - you can only request a forecast on someone else's behalf if you have registered your legal right for that individual with DWP, for example you are an Appointee or have Power of Attorney.

☐ Yes **Go to question 16**

☐ No

13 **Your full name and title**

For example, Mr, Mrs, Miss, Ms, or other.

14 **Company or organisation name**

(If applicable)

15 **Address**

Postcode

Please return the completed form to this address:

Newcastle Pension Centre, Futures Group
The Pension Service 9
Mail Handling Site A
Wolverhampton
WV98 1LU

Alternative formats

16 **The forecast will be printed. Can we adjust something to make it accessible for you?**

For example, larger print or audio format.

17 **Do you need the forecast in Welsh?**

☐ Yes

☐ No

Your signature

Signature

Date

More information

Treating people fairly

We are committed to the Equality Act 2010 and treating people fairly. To find out more about this law, search 'Equality Act' on **www.gov.uk**

Call charges

Calls to 0800 numbers are free in the UK from personal mobiles and landlines.

How DWP collects and uses information

When we collect information about you we may use it for any of our purposes. These include:

- social security benefits and allowances
- child maintenance
- employment and training
- investigating and prosecuting tax credits offences
- private pensions policy and
- retirement planning.

We may get information about you from other parties for any of our purposes as the law allows to check the information you provide and improve our services. We may give information about you to other organisations as the law allows, for example to protect against crime.

To find out more about our purposes, how we use personal information for those purposes and your information rights, including how to request a copy of your information, please visit **www.gov.uk/dwp/personal-information-charter**

Official DWP social media channels

www.youtube.com/dwp

www.facebook.com/dwp

www.x.com/dwpgovuk

www.instagram.com/dwpgovuk

www.linkedin.com/company/dwp

DWP British Sign Language (BSL) videos

www.youtube.com/dwpsign